

# MAUI COAST SWIM RELAY

## SUNDAY JUNE 14<sup>th</sup>, 2009 8am

Registration 7-7:45am at Keawekapu Beach

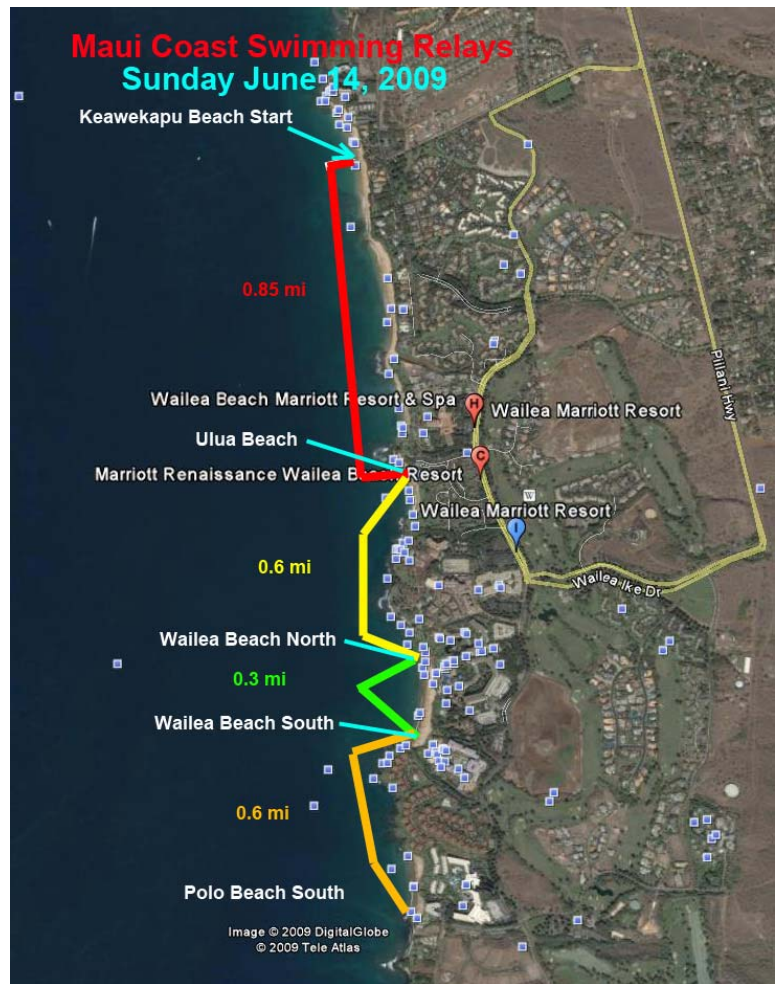
**4 PERSON BEACH TO BEACH RELAY  
ALONG THE SOUTH KIHEI COAST**

**START KEAWAKAPU FINISH POLO BEACH**

- First Leg: KEAWEKAPU to ULUA Beach (~0.85mi)
- 2<sup>nd</sup> Leg: ULUA to WAILEA Beach North (0.6 mi)
- 3<sup>rd</sup> Leg: North WAILEA to WAILEA Beach South (0.3 mi)
- 4<sup>th</sup> Leg: South WAILEA to POLO Beach (0.6 mi)

\*\* Refreshments may not be available at relay exchanges \*\*

- This is a BEACH TO BEACH RELAY: EACH SWIMMER will RUN UP THE BEACH at the finish of each leg to TAG THE NEXT SWIMMER.
- The legs are NOT equal ... total distance approx 2.4 mi with runs up & down the beaches included.
- TEAM CATEGORIES
  - ALL MALE      ○ ALL FEMALE
  - MIXED (MUST BE 2/2) [Open Division Only]
  - 2 Person Alternating (any sex) [Open Division]
- Swimmers must be USMS registered if over 19 and USAS registered if under 19. One-day registrations available. No Mixed USA-S/USMS relays.
- AGE GROUPS:
  - TEENS: Total Age Less than 80
  - OPEN: Total 76-160; Any age for Mixed & 2 person
  - MID-LIFE: Total 161 to 240
  - MAKULE: Total OVER 240



**USMS Waiver** I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally I specifically acknowledge that I am aware of all the risks inherent in open water swimming, and agree to assume those risks.

**Sanctioned by HAWAIIAN ASSOCIATION for USMS, Inc. Sanction #S399-OW007 (Sign Below)**

**USA Swimming Waiver** (Parent or legal guardian must also sign for swimmers under 18.)

I hereby release USA Swimming, the Local Swimming Committee (LSC) and any other participating organization from any claims and damages received by me as a result of my participation in the race and furthermore, hold them harmless and indemnified from any damages. In addition, I agree to abide by and be governed by the rules of USA Swimming. **Hawaii LSC for USA Swimming, Inc. Sanction # Pending**

Team Name		Category		Age Group		
Team Address		Amount Paid By	Cash Check #		Awards: Top Overall & Top in each Category/Age	
No.	Name email	Age Sex	USMS/USA-S # Phone	Address	Signature (USAS Parent)	Date

**(\$100/Team \$50/Double +\$10 after June 7)** NET PROCEEDS SPLIT BY MAUI DOLPHINS SWIM CLUB & THE HAWAIIAN LIFEGUARD ASSN – MAUI CHAPTER **PAYABLE TO:** MAUI DOLPHINS SWIM CLUB; **MAIL ENTRIES:** MDSC; PO BOX 880694; PUKALANI, HI 96788  
**Q's:** Race Director Mike Sherrill [mikebsherrill@yahoo.com](mailto:mikebsherrill@yahoo.com) (808)856-2541 or Malcolm [malcolmwhy@yahoo.com](mailto:malcolmwhy@yahoo.com) (808)280-4257